

STREET YOGA

TEACHER TRAINING

The Street Yoga Teacher Training offers hands-on practice in how to teach yoga and wellness to homeless youth, and youth at-risk in general.

Learn about:

- * causes/realities of youth homelessness
- * benefits of yoga for young people
- * teaching yoga to anyone/anywhere
- * curricula, asanas & sequences
- * age-specific info and much more...

WHEN • March 20, 21 & 22, 2009

Friday 5:30 pm - 8:30 pm; Saturday 12:00 pm - 6:00 pm; Sunday 10:00 am - 4:00 pm

WHERE • Seattle, WA

STUDIO • University Family YMCA

LOCATION • 5003 12th Ave. NE
Seattle, WA 98105
206-524-1400

Please fill out an application & pay online at:

<http://streetyoga.org/sytt>

\$275



LIVE IN YOURSELF